Communication

**WHAT** do you understand about the communication capability?

**WHAT** examples of the communication capability have you explored?

**HOW** is it relevant to your personal and learning goals?

**WHAT** have you done that might show development of this capability?

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| What the SACE Board defines Communication as:……. | **What do we need to explore in PLP?** | **Some Examples for demonstrating Communication** |
| Students can develop their capability for communication by, for example:   * learning about and understanding this capability * exploring how this capability is relevant to their personal and learning goals * identifying their personal and learning goals, and developing knowledge and skills, through interacting with teachers, mentors, parents, peers, and other experts * identifying, exploring, and developing ways of * communicating their learning * improving their skills in using technologies for communication * building their communication skills through such activities as * giving and receiving feedback * mock interviews * round-table discussions * choosing appropriate language and ways to communicate with a range of people. | **Communication**   * + What are your communication strengths and weaknesses?   + What is your preferred mode of communication?   + Do you use technology to communicate in a range of situations?   + Do you use effective listening strategies?   + Do you use appropriate language and ways to communicate with a range of people? | * Career counselling interview * Talking to Career experts at the Expo * Talking to significant others – for example, supervisors at Work Experience * Organising Work Experience – phone calls, emails, conversations, paperwork * Job applications * Mock interviews * Part time work |

**PERSONAL DEVELOPMENT**

**WHAT** do you understand about the personal development capability?

**WHAT** examples of the personal development capability have you explored?

**HOW**  is it relevant to your personal and learning goals?

**WHAT**  have you done that might show development of this capability?

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| What the SACE Board defines Personal Development as:……. | **What do we need to explore in PLP?** | **Some Examples for demonstrating Personal Development** |
| Students can develop their capability for personal development by, for example:   * learning about and understanding this capability * exploring how this capability is relevant to their personal and learning goals * building self-confidence, self-awareness, and interpersonal and intrapersonal skills, such as resilience, resourcefulness, and respect for others * showing initiative using their creative abilities * exploring, understanding, and making decisions about * their strengths * areas for development in their learning * identifying and exploring the usefulness of different strategies to achieve goals * attending courses in areas such as * study skills * time management * physical activity * nutrition * safety. | **Personal Development**   * + Do you show initiative?   + Are you creative?   + Are you self-aware?   + Do you have good interpersonal skills   + Do you show respect for others?   + Do you use strategies to achieve your goals?   + Have you improved your confidence in certain situations?   + Do you manage your time effectively?   + Do live a healthy lifestyle? | * Career counselling interview * Talking to Career experts at the Expo * Talking to significant others – for example, supervisors at Work Experience * Organising Work Experience – phone calls, emails, conversations, paperwork * Job applications * Mock interviews * Part time work |

**LEARNING**

**WHAT** do you understand about the learning capability?

**WHAT** examples of the learning capability have you explored?

**HOW** is it relevant to your personal and learning goals?

**WHAT** have you done that might show development of this capability?

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| What the SACE Board defines Learning as:……. | **What do we need to explore in PLP?** | **Some Examples for demonstrating Learning** |
| Students can develop their capability for learning by, for example:   * learning about and understanding this capability * exploring how this capability is relevant to their personal and learning goals * identifying, exploring, and developing ways of * strengthening their literacy and numeracy skills * improving their skills in using information and communication technologies as learning tools * mapping their current skills in relation to their goals * thinking creatively to solve problems or develop ideas * using feedback on learning to identify areas for development and improvement * assessing their personal and learning goals and strategies to achieve them * learning and developing skills in planning and organisation * learning new skills related to their goals * learning how to select, organise, and use information that helps them plan to achieve their goals * reflecting on and refining their personal and learning goals over time * monitoring their progress towards their goals * identifying different ways of learning and demonstrating what they have learnt. | **Learning**   * In what situations do you learn the most? * How do you effectively solve problems? * Are you aware of your current, literacy, numeracy and ICT skills? * Do you use feedback to improve your learning? * Do you know how to find information related to different topics? * How does your current learning relate to future goals in and beyond SACE? | * Future Problem Solving / Tournament of the Minds activities * Preparing for mid-year examinations * Improving ICT skills – learning a new application * Debriefing Term / Semester reports * Learning new skills at Work Experience * New skills related to Personal and Learning goals * Developing research skills around careers and courses investigations * Problem solving techniques – de Bono’s hats * New skills on Camp |

**WORK**

**WHAT** do you understand about the work capability?

**WHAT** examples of the work capability have you explored?

**HOW** is it relevant to your personal and learning goals?

**WHAT** have you done that might show development of this capability?

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| What the SACE Board defines Work as:……. | **What do we need to explore in PLP?** | **Some Examples for demonstrating Work** |
| Students can develop their capability for work by, for example:   * learning about and understanding this capability * exploring how this capability is relevant to their personal and learning goals * planning for and participating in workplace learning * discussing and exploring their participation in paid and unpaid work * gaining workplace and employability skills * learning about the skills appropriate to a particular role, position, or career from employers and business people * making informed decisions about possible work opportunities and directions. | **Work**   * Are you currently or have been recently employed?   + - Do you help out with family business?     - Do you have experience as volunteer?     - Are you interested in part-time employment?     - Have you researched particular careers of interest to you?     - Do have any career aspirations (at this stage)?     - Have been involved in workplace training?     - Do you know what employability skills are? | * Preparation for Work Experience - OHSW * Work Experience * Volunteering – unpaid work * Exploring Employability Skills * Talking to /interviewing employers * Guest speakers – Trade unions, employer groups, Business SA * Part time work |

**CITIZENSHIP**

**WHAT** do you understand about the citizenship capability?

**WHAT** examples of the citizenship capability have you explored?

**HOW** is it relevant to your personal and learning goals?

**WHAT** have you done that might show development of this capability?

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| --- | --- | --- |
| What the SACE Board defines Citizenship as:……. | **What do we need to explore in PLP?** | **Some Examples for demonstrating Citizenship** |
| Students can develop their capability for citizenship by, for example:   * learning about and understanding this capability * exploring how this capability is relevant to their personal and learning goals * contributing to community life, for example * participating in sporting and recreational activities * volunteering * caring for another member of the family * engaging in part-time work * getting involved in, and promoting, activities that contribute to community life * attending courses that help them to understand matters related to their own safety, for example * occupational health, safety, and welfare * workplace harassment * learning about and understanding people’s social and cultural backgrounds through interacting with other students, mentors, and community organisations * understanding how shared knowledge allows people to communicate, live, and work together * exploring the concept of global citizenship and what it might involve. | **Citizenship**   * Are you involved in and how do you contribute to different communities? * Do you care for another family member? * Have you attended work place safety or workplace harassment courses? | * Paid and un-paid work * Volunteering * Organising /involvement in a fund raiser * Out of school activities – sport, music, drama, clubs * SRC elections * School leadership * Peer Support programs * Part time work * Contributing to a household – babysitting, chores, * Caring for others |