

THERE'S **MORE** TO IT THAN YOU THINK.



Government
of South Australia

CAREER WORKSHEET 2

SKILLS AND VALUES

Your career choice should be influenced by a combination of **what you're interested in** and **what you are good at**. There's more to your career destination than you think!

What skills do you think you are good at and enjoy using? (*List at least 5*)

Go to www.theresmoretoit.com.au

Go to the “**Amazing Career Journeys**” on the website and watch the video of **Katie Hulmes, Environmental Superintendant**.

What was she good at when she was a child that helped build a bridge to her career now?

Go to the Careers Quiz page and click on the **My Skills** link under “**Explore Your Future**”. Read the information and answer the question:

What skills would you like to develop further?

Find and read the story of **Scott Biggs, Mechanical Apprentice** at “**Amazing Career Journeys**”

What was it that he liked doing at recess and lunch time at school?

How has that led him to his work now?

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Thinking about your skills and the things that you're good at, read the following descriptions of seven 'type of work' categories* carefully. Then ask yourself: Would I like or dislike this type of work? Circle your top 2 preferences:

Analytic or scientific

These occupations involve working with ideas to investigate or seek solutions to scientific, technical, social or other issues. Activities include observing, researching, analysing and interpreting results.

The ability to develop theories, apply logic and explore abstract ideas in a specialist area of knowledge is important.

Creative or artistic

These occupations involve working with ideas to creatively express, present or perform them. An appreciation of design, style, form, beauty or related concepts used to develop or interpret an idea is important. Activities include writing, painting, singing, dancing, decorating, designing and performing.

Helping or advising

These occupations involve working with people to help, inform, teach or treat them. Activities include discussing personal issues, listening to people's problems and providing advice, instruction, information or treatment to meet their needs.

Practical or mechanical

These occupations involve working with things, using the hands or special tools and equipment to make, fix, install or adjust them. Activities include practical and physical tasks, which may require an understanding of how equipment or machinery works.

Nature or recreation

These occupations involve working with things in the natural world, such as conservation, handling animals, raising crops or livestock, or sport. Activities include growing and caring for living things, or an involvement with sport, leisure or the environment.

Organising or clerical

These occupations involve working with data to order, process or retrieve facts and figures, or to develop or administer policies and procedures. Activities include organising, using or updating information (such as files or accounts), developing or following procedures or systems, and the planning, budgeting and staffing of an organisation.

Persuading or service

These occupations involve working with people to sell to, influence, motivate, negotiate with or serve them. Activities include selling, promoting or providing goods or services, bargaining or presenting a point of view.

* Taken from the Department of Education, Employment and Workplace Relations website:

<http://www.jobguide.thegoodguides.com.au/Building-your-career/Exploring-your-options/STEP-2-What-type-of-work-would-suit-you>

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List 5 jobs that you can think of that might use your top 2 preferences.

Do you think just because you are really good at doing something that you should focus your career pathway around that skill? Why or why not?

VALUES

Another important thing to consider regarding your career path is *your values*. Values are the things that are really important to you. Work values include:

Money	Set rules to follow	Predictability
Security for job future	Adventure	Creative outlet
Freedom	Fun	Technical hands-on tasks
Independence	Leadership/being in charge	Praise
Success	Flexi-time	Teamwork
Goals	Spirituality	Travel
Promotion	Variety	Work mates
On the job training	Helping others/service	Working on your own

Are there any other values that you can think of that are important to you that aren't on the list? Which of these values are your top 5? Why?

1. _____
2. _____
3. _____
4. _____
5. _____

Use some creative inspiration and draw a picture of you in a GREAT work environment. Include your top 5 work values. Use the back of this sheet or another piece a paper.